



SOCIAL EXPERTS VOLUNTARY ASSOCIATION

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Nagar, Eravimangalam P.O,
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ANNUAL REPORT

2022-2023

SOCIAL EXPERTS VOLUNTARY ASSOCIATION

Network of Development Professionals; Indianizing Knowledge

Registered under The Travancore-Cochin Literary, Scientific and Charitable
Societies Registration Act, 1955 : Reg No : TSR/TC/340/2021
NITI Ayog, Government of India : Registration No : KL/2021/0299791

www.sevaindia.co

SEVA INDIA

Human service professions work efficiently at the grassroots level when accessibility, acceptance and culturally competent practices amalgamate into their design features. It might be challenging our intellects; why the world is pacing fast towards localizing contexts and contents even in this era of artificial intelligence? The near to perfect reason would be globalizing the local and localizing the global towards total inclusive growth!

The development sector is the primary avenue for localizing cutting-edge academic wisdom to micro contexts to function effectively. We must indoctrinate the professions with native examples, best practices and lessons learnt from the local implementation of Global knowledge apart from the contributions of the elite academia to work in perfect harmony with this society and its cultural aspects towards fast fulfilment of our dream to be a developed nation! It's high time that we look forward to Indianizing our thoughts and knowledge in tune with Indian grassroots realities and unmet needs to cater to the dynamically changing phases of the community.



Registered with NITI Ayog,
Government of India
Reg No : KL/2021/0299791



GOVERNMENT OF KERALA

Registered under The Travancore-
Cochin Literary,
Scientific and Charitable Societies
Registration Act, 1955 :
Reg No : TSR/TC/340/2021

PATRON'S MESSAGE

Namaste,

As the Patron of Seva India, I am pleased to share with you our vision and mission for the organization. Seva India is an organization run by Development Professionals who are inspired by Sanathana Dharma, the intellectual foundation of Indian Society since the Vedic era.

Our aim is to Indianize development professions with a nationalistic view for a developed India. We believe that by leveraging our cultural values, traditions and heritage, we can create a more effective and sustainable development approach for the country.

We are committed to fostering a sense of national pride and a spirit of service among our team members, partners, and stakeholders. Our approach is to create programs and initiatives that celebrate the rich diversity and cultural heritage of India while addressing the country's development challenges.

We invite you to join us in our mission to build a developed India that is rooted in its cultural heritage and values. Together, we can make a difference in the lives of millions of people and create a brighter future for the country.

Thank you for your support and dedication to this noble cause.

Sincerely,



Padma Shri Dr.
Dhananjay Diwakar

WHO WE ARE

We are a community of Development Professionals inspired by Sanathana Dharma, the intellectual foundation of Indian Society since the Vedic era. We believe in Indianizing development professions with a nationalistic view for a developed India.



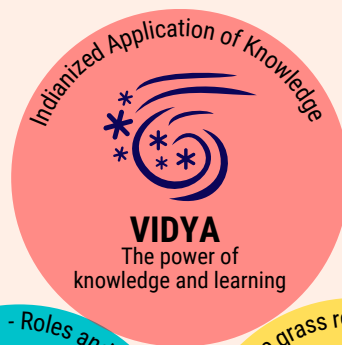
OUR GUIDING PRINCIPLES

Globally, nations want to integrate all knowledge schools into their context to achieve comprehensive, inclusive development. It restructures global information with localised examples, case studies, and best practice examples. This transformation is essential in the human services and development sectors since these are the professions that constantly contact people and communities towards change. We aim to Indianize the professional wisdom of the development profession to best serve the Society towards India's aspiration to be a developed country.

With cross-sector discussions and affiliation with academia and think tank organisations, we strive to taper the cutting-edge professional wisdom imparted in the development profession to best serve the community towards India's dream to be among developed nations. Sanathana Dharma, being the backbone of Indian culture from the pre-Vedic era onwards, we prefer to see the high values of Sanathana Dharma among our guiding principles in this journey towards Indianizing the ways and wisdom of development professions. Sanathana Dharma protected humanity during each hour of crisis and stayed as the guiding light, covered by itself, not shedding even a single drop of blood from times immemorial. The quantum of virtues it holds, serving humanity with no discriminations towards anyone in whatsoever manner, motivates us to owe it in our hearts.

OUR VALUE COMPENDIUM

We focus on values as follows without whatsoever discriminations on base of race, color, religion, gender or nationality in lieu with the 21st century way of learning, roles and performance!



MOTTO

"Life's a duty. Perform it"

VISION

"Towards a Developed India, through total Inclusive thoughts and Wisdom in Action"

MISSION

Indianizing development professions towards total inclusion and service effectiveness

OBJECTIVES

- To provide a venue for Sanathana Dharma thoughts in development professions.
- To synthesize academic wisdom with ground realities for Indianizing knowledge.
- To provide a venue for cross-sector sharing of knowledge towards inclusive growth
- To Indianize development sector knowledge towards developed India



WHAT WE DO

The Indianization of development sector knowledge is essential for our collective development as a nation. Development professionals who work tirelessly towards the well-being of individuals, groups and communities must focus on and integrate sustainable development in a coordinated way to effectively provide timely professional services to those in need.

We promote the quality and effectiveness of development practices through services to professionals, individuals, groups, VOs/NGOs/NPOs/GONGOs/CBOs and communities. We strive to improve the living conditions of people, especially the marginalized and vulnerable sections of society, and add to the professional social work and allied disciplines' knowledge pool and skills through ongoing proactive community engagement and by promoting value-based research. Our efforts aim to provide development professionals with the ability to work as a multidisciplinary team to maintain essential standards of professional practice in different development settings beyond professional boundaries.

OUR FOCUS AREAS



Upskilling & Capacity Development



Counselling & Mental health support



Project development & consultancy



Social awareness & campaigns



Research & Knowledge development



Advocacy & Policy dialogues

OUR TEAM



Dr RAJEEV MM



Gangadhara Sharma



Kochukrishna Kurup



Jineshlal RV



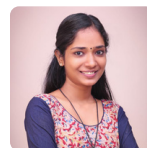
Saranya Mohan K



Ramanand K



Sumeth Sukumaran



Varsha Sajeevan



Balagopal A



Nitheesh K V



Vishnu Prasad AR



Dr. M P Sajeevkumar



Aswathi OB



Anupama



Aswanth M S



Anandhu ks



Anjana M



Ajith kumar KA



Ajiith Kalariparambil



Vivek Thamban



Dr Renjith R. Pillai



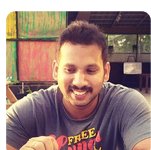
Vishnu K Santhosh



Dr K P Nitheesh



Raneesh C



Midhun Raj



Vinayan



Nishad Kunnanada



Prasanth



Manukrishnan



Manju KS



Sachin S.K



Parvathi

SEVA SAATHI



Seva Saathi Project Bicycle distribution

Distributed 20 bicycles to the poor girls in Mundoti Village Honourable Vice Chancellor Prof Anand Bhaleroji Central University of Rajasthan was inaugurated the program on 11 July 2022



The Take off Point!

It's not just a few more couple of wheels on the road! When it comes to the lives of a few more school girls, it has the power to redefine their lives with added mobility and furthered access to learning. It might be surprising for the Metro-Class! You must start from the endpoints of steamy tarmacs in the hit-hard weather buckled up for roadless voyages to catch up with those habitats where even a bicycle is among the essential amenities to catch up to the far away schools! **Remember, the Heart of India lies in the villages!**



SEVA India: A Network of Professionals, Indianizing Know

"പുനർജ്ജനി" കൗൺസിലിങ്ങ് ഓൺലൈൻ കോഴ്സ്

Registration Fees
Rs.250/-
Limited Seats Only

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REGISTER HERE

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+91 96055 86532 / +91 80867 94190

All Donations to Social Experts Voluntary Association are tax exempted under section 80G of Income Tax Act

The Punarjani Online Counseling Training Program, organized by the Social Experts Voluntary Association (Seva India), aimed to address the societal challenges faced by the Malayali community, including rising suicide rates, substance abuse, family issues, and mental health concerns. The program, conducted from May 4 to 20, featured expert-led sessions covering various aspects of counseling and its applications in different contexts.

Program Schedule: The program spanned over 12 days, with each day dedicated to a specific theme or topic related to counseling. Sessions were conducted in the evening from 7:30 PM to 8:30 PM. Here's a brief overview of the topics covered:

| | | |
|---|---|--|
| <p>ഓഫ് 11 (ബുധൻ) 7.30 Pm to 8.30 Pm</p> <p>നല്ല കൂടുംബം, സത്യാഗ്രഹം, ആരോഗ്യം എന്നിവ കൗൺസിലിങ്ങിന്റെ ഫലം ചെയ്യും</p> <div>  <p>വിഭാഗം: ഡോ. സങ്കർ ഡാസ് PhD in Psychology, PG Diploma in Journalism and Mass Communication, Project Manager & Project Consultant</p> </div> <div>  <p>ഡോ. സങ്കർ ഡാസ് Master of Social Work, Project Manager & Project Consultant</p> </div> | <p>ഓഫ് 05 (ബുധൻ) 7.30 Pm to 8.30 Pm</p> <p>എന്താണ് കൗൺസിലിംഗ്? കൗൺസിലിംഗ്: ഭാരതീയ വികാസം</p> <div>  <p>വിഭാഗം: ഡോ. സങ്കർ ഡാസ് PhD in Psychology, Social Work, Research Fellow, NIMHANS, Training consultant support for persons with severe mental illness in South Asia</p> </div> <div>  <p>ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> | <p>ഓഫ് 17 (പ്രവൃത്തി) 7.30 Pm to 8.30 Pm</p> <p>എച്ച്.എ.പി അഥവാ എച്ച്.പി.പി. പോലെയുള്ള ഗുരുതര രോഗികൾക്ക് കൗൺസിലിംഗ് എങ്ങനെ പ്രയോജനപ്പെടും</p> <div>  <p>വിഭാഗം: ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> <div>  <p>ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> |
| <p>ഓഫ് 12 (ബുധൻ) 7.30 Pm to 8.30 Pm</p> <p>മനുഷ്യ/ജന്മി ഉപയോഗ/മാതൃകാ-കമ്പ്യൂട്ടർ അപ്ലിക്കേഷൻ-പരിഹാരങ്ങളും നിർദ്ദേശങ്ങളും</p> <div>  <p>വിഭാഗം: ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> <div>  <p>ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> | <p>ഓഫ് 06 (ബുധൻ) 7.30 Pm to 8.30 Pm</p> <p>ഒരു കൗൺസിലിംഗ് എങ്ങനെ ആകുന്നു? എങ്ങനെ ആകുന്നു:</p> <div>  <p>വിഭാഗം: ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> <div>  <p>ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> | <p>ഓഫ് 18 (ബുധൻ) 7.30 Pm to 8.30 Pm</p> <p>വായനാലയങ്ങൾക്കായുള്ള കൗൺസിലിംഗ്</p> <div>  <p>വിഭാഗം: ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> <div>  <p>ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> |
| <p>ഓഫ് 13 (ബുധൻ) 7.30 Pm to 8.30 Pm</p> <p>പല വിധ മാനസിക രോഗങ്ങളിലെ ഒരു എന്തിനോടും</p> <div>  <p>വിഭാഗം: ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> <div>  <p>ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> | <p>ഓഫ് 09 (ബുധൻ) 7.30 Pm to 8.30 Pm</p> <p>ജീവിത നൈപുണ്യ പൈതൃകം കൗൺസിലിംഗ്</p> <div>  <p>വിഭാഗം: ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> <div>  <p>ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> | <p>ഓഫ് 19 (ബുധൻ) 7.30 Pm to 8.30 Pm</p> <p>ആത്മഹത്യ പ്രവണതയും പരിഹാര മാർഗ്ഗങ്ങളും</p> <div>  <p>വിഭാഗം: ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> <div>  <p>ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> |
| <p>ഓഫ് 16 (ബുധൻ) 7.30 Pm to 8.30 Pm</p> <p>പ്രകൃതി വൃത്തങ്ങളിൽ/പ്രവണതകളിൽ/കട ബാധകളിൽ ഇരകളായവർക്ക് കൗൺസിലിംഗ് എങ്ങനെ പ്രയോജനപ്പെടും</p> <div>  <p>വിഭാഗം: ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> <div>  <p>ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> | <p>ഓഫ് 10 (ബുധൻ) 7.30 Pm to 8.30 Pm</p> <p>കുമാരപ്രായത്തിൽ കൗൺസിലിംഗിന്റെ സാധ്യതകൾ</p> <div>  <p>വിഭാഗം: ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> <div>  <p>ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> | <p>ഓഫ് 20 (ബുധൻ) 7.30 Pm to 8.30 Pm</p> <p>നസിക ആരോഗ്യവുമായി ബന്ധപ്പെട്ട സർക്കാർ പദ്ധതികളും, സേവനങ്ങളും</p> <div>  <p>വിഭാഗം: ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> <div>  <p>ഡോ. സങ്കർ ഡാസ് MPhil, MA in Social Work, Chitwan Higher Secondary School, Kathmandu</p> </div> |



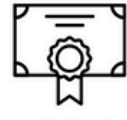
**SOCIAL
EXPERTS
VOLUNTARY
ASSOCIATION**
Network of Development
Professionals; Indianizing Knowledge



12 ടെക്നിക്കൽ
സെഷൻസ്



കൗൺസിലിങ്
വിദഗ്ദ്ധർ



ഡിജിറ്റൽ
സർട്ടിഫിക്കറ്റ്

Inaugural Assembly (May 4): The program commenced with an inaugural session outlining the objectives and significance of the Punarjani program.

Key Topics Covered:

- Counseling: An Indian Perspective
- Becoming a Counselor
- Life Skills and Counseling
- Counseling in Adolescence
- Family Counseling and Health
- Addressing Addiction Issues
- Understanding Mental Illnesses
- Counseling in Crisis Situations
- Counseling for HIV/AIDS Patients
- Elderly Counseling
- Dealing with Suicidal Tendencies
- Government Schemes for Mental Health

Presentation Highlights:

Each session featured presentations by experts in the respective fields, providing insights, case studies, and practical strategies for effective counseling. Notable presenters included Dr. Srikanth T, Harikrishnan A, Dr. Ranjith R Pillai, Sharanya Mohan K, Gangadhara Sharma, Ananthu KS, Mr. Surya, and others.

Moderator Role:

The sessions were moderated by experienced professionals and academics from diverse backgrounds, ensuring smooth conduct and fostering interactive discussions. Moderators included Dr. MP Sajeew Kumar, Ramanand K, Little Krishna Kurup, Sumit Sukumaran, Balagopal A, Nisha Lijesh, Nitish KV, Manish Nair, Ajith Kumar, Vishnu Prasad, Anjana M, and Vivek Tampan.

Conclusion:

The Punarjani Online Counseling Training Program served as a commendable initiative to address pressing societal issues and equip individuals with the necessary skills to provide counseling support. By leveraging expert knowledge and fostering collaboration, the program aimed to empower participants to make a positive impact on their communities. Moving forward, initiatives like Punarjani are essential for promoting mental well-being and social cohesion within the Malayali community and beyond.

Acknowledgment: Seva India extends gratitude to all participants, presenters, moderators, and supporters for their valuable contributions to the success of the Punarjani program. Special thanks to the organizing committee for their dedication and efforts in making this initiative possible.

AUDIT REPORT

Balance Sheet 1-Apr-2021 to 31-Mar-2022

| Liabilities | Amount | | Assets | Amount | |
|--|----------|----------|-----------------------|----------|----------|
| Capital Account | | | Current Assets | | |
| Loans (Liability) | | | <i>Closing Stock</i> | - | |
| Current Liabilities | | | <i>Cash-in-Hand</i> | 4,705.00 | 4,705.00 |
| Salary Payable | | | <i>Bank Accounts</i> | | |
| Excess of income over expenditure | | 4,705.00 | | | |
| <i>Opening Balance</i> | | | | | |
| <i>Current Period</i> | 4,705.00 | | | | |
| Total | | 4,705.00 | Total | | 4,705.00 |

Income and Expenditure Statement

1-Apr-2021 to 31-Mar-2022

| Particulars | Amount | | Particulars | Amount | |
|---|-----------|-----------|--------------------------|-----------|-----------|
| Indirect Expenses | | 69,300.00 | Direct Incomes | | |
| <i>Printing and Stationary</i> | 830.00 | | <i>Membership Fee</i> | 29,000.00 | |
| <i>Registration & Renewal Charges</i> | 2,800.00 | | <i>Donation Received</i> | 45,005.00 | 74,005.00 |
| <i>Salary & Allowances</i> | 45,000.00 | | | | |
| <i>Telephone and Communications</i> | 7,670.00 | | | | |
| <i>Website Charges</i> | 13,000.00 | | | | |
| Excess of income over expenditure | | 4,705.00 | | | |
| Total | | 74,005.00 | Total | | 74,005.00 |

Receipts and Payments

1-Apr-2021 to 31-Mar-2022

| Receipts | | Amount | | Payments | | Amount | |
|--------------------------|--|------------------|------------------|---|--|------------------|------------------|
| Loans (Liability) | | | 24,300.00 | Loans (Liability) | | | 24,300.00 |
| <i>Jinesh Lal R.V</i> | | <i>24,300.00</i> | | <i>Jinesh Lal R.V</i> | | <i>24,300.00</i> | |
| Indirect Incomes | | | 74,005.00 | Current Liabilities | | | 45,000.00 |
| <i>Donation Received</i> | | <i>45,005.00</i> | | <i>Salary Payable</i> | | <i>45,000.00</i> | |
| <i>Membership Fee</i> | | <i>29,000.00</i> | | Indirect Expenses | | | 24,300.00 |
| | | | | <i>Printing and Stationary</i> | | <i>830.00</i> | |
| | | | | <i>Registration & Renewal Charges</i> | | <i>2,800.00</i> | |
| | | | | <i>Telephone and Communications</i> | | <i>7,670.00</i> | |
| | | | | <i>Website Charges</i> | | <i>13,000.00</i> | |
| | | | | Closing Balance | | | 4,705.00 |
| | | | | <i>Bank Accounts</i> | | <i>4,705.00</i> | |
| Total | | | 98,305.00 | Total | | | 98,305.00 |

Trial Balance

1-Apr-2021 to 31-Mar-2022

| Particulars | Closing Balance | |
|---|------------------|------------------|
| | Debit | Credit |
| Loans (Liability) | | |
| Current Liabilities | | |
| Salary Payable | | |
| Current Assets | 4,705.00 | |
| <i>Cash-in-Hand</i> | <i>-</i> | <i>-</i> |
| <i>Bank Accounts</i> | <i>4,705.00</i> | |
| Indirect Incomes | | 74,005.00 |
| <i>Membership Fee</i> | | <i>29,000.00</i> |
| <i>Donation Received</i> | | <i>45,005.00</i> |
| Indirect Expenses | 69,300.00 | |
| <i>Printing and Stationary</i> | <i>830.00</i> | |
| <i>Registration & Renewal Charges</i> | <i>2,800.00</i> | |
| <i>Salary & Allowances</i> | <i>45,000.00</i> | |
| <i>Telephone and Communications</i> | <i>7,670.00</i> | |
| <i>Website Charges</i> | <i>13,000.00</i> | |
| Grand Total | 74,005.00 | 74,005.00 |



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Registered address

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Poochaty, Thrissur, Kerala – 680751

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